

Low-Carb Recipe

Chocolate Chip Cookies

INGREDIENTS

6 tbsp Almond Butter (95 g)

5 tbsp Butter (70 g)

1 Egg (50 g)

1/4 cup Coconut Flour (28 g)

1/4 cup 85% Chocolate Chips (40 g)

1/4 cup Swerve Erythritol (40 g)

1 tsp Vanilla Extract

½ tsp Baking Soda

1/4 tsp Stevia Extract Powder

Pinch of Salt

NUTRITION (per serving)

Number of Servings - 10

154 Calories

Fat - 14 g

Protein - 4 g

Carbohydrate - 5 g

Fiber - 2 g

Sugar - 1 g

NET CARBS - 3 g

DIRECTIONS

- 1. Preheat oven to 350 °F
- 2. In a small saucepan, melt the butter and almond butter on low heat
- 3. In a large bowl, combine the coconut flour, chocolate chips, erythritol, baking soda, stevia, and salt
- 4. Mix an egg and vanilla extract into the wet ingredients
- 5. Stir together the dry and wet ingredients into a dough
- 6. Scoop 10 cookies onto a parchment-lined baking sheet
- 7. Bake for 12-15 minutes until the edges just begin to brown

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